

# *Expanded Bread & Tofu WIC Approved Items*

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As of October 15, 2009, WIC has approved the following bread and tofu products to fill gaps in the WIC approved food list. This exception to the annual WIC food list update is made to ensure all participants have access to bread and tofu. These products do not appear on the Alaska WIC Food List, but clients may buy them with their WIC checks.

## **WHOLE WHEAT BREAD PRODUCTS:**

- **Grain Basket 14 Grain Harvest Bread (16 oz), UPC 3945500400**
- **Oroweat Sandwich Thins Multi-Grain (12 oz), UPC 7341013547**
- **Earl of Sandwich 100% Whole Wheat Bread (16 oz), UPC 0927517385**

## **TOFU PRODUCT:**

- **Soga All Natural Extra Firm Tofu (15 oz), UPC 5321410913**

If you have additional products that your store would like to be considered for the WIC approved food list, please e-mail product information (including a picture of the front of the package, nutrition label, and ingredients) to [Christina.eriksen@alaska.gov](mailto:Christina.eriksen@alaska.gov) or fax to 907-465-3416. Foods will be reviewed and, if approved, be placed on the March 2010 WIC Food List.

*Thank you for supporting Alaska WIC.*

